

## DEPARTMENT REPORT OF PSYCHOLOGY

<b>Name of the Department: -</b>	Psychology
<b>Faculty:-</b>	1. Mrs. Neeta Kulkarni 2. Dr. Neeta Mehta 3. Mrs. Reeta Kamble
<b>Technical and administrative staff:-</b>	Nil
<b>Physical Infrastructure: -</b>	1. A laboratory Room 2. One wooden cupboard to store practical material and equipments 3. One steel cupboard for storing books and files 4. Nine tables for students to conduct practical 5. Nine screens 6. 24 stools 7. One table for teacher 8. Two Chairs 9. Cubicle (shared with another department) 10. Table 11. Three chairs 12. Cupboard
<b>Programs and Subjects taught</b>	<b>F.Y.B.A</b> General Psychology <b>S.Y.B.A</b> Paper II – Social Psychology Paper III – Developmental Psychology Applied Component paper – Health Psychology <b>T.Y.B.A</b> Paper IV – Psychological Testing and Statistics Paper V – Abnormal Psychology Paper VI – Industrial Psychology Paper VII – Cognitive Psychology Paper VIII – Practicals in Cognitive processes and Psychological Testing Paper IX – Counseling Psychology <b>T.Y.B.Com</b> Human Behavior At Work
<b>Other courses and programmes:-</b>	Mrs. Neeta Kulkarni Three sessions for Police Training, Vikroli, February 2008.

	<p>Dr. Neeta Mehta</p> <p>1. Session on “Human Response to Disaster: A Psychological Perspective” at 3 day workshop on Disaster Management for NSS Volunteers conducted by C.K.T College Panvel and NSS cell of University of Mumbai</p> <p>1. M.Phil. Lectures on counseling psychology for YCMOU</p>				
<b>Add-on courses UGC career oriented course under X plan by the department:</b>	Nil				
<b>Revision of syllabus by the university.</b>	<p>TYBA- 2005-2006</p> <p>FYBA- 2008-2009</p> <p>SYBA – 2009-2010</p> <p>TYBCom – 2005-2006</p>				
<b>Salient features of Department</b>	<p>Number of faculty - 3</p> <p>PG recognition - 1</p> <p>Ph.D. Guide - NA</p> <p>Papers taught - 11</p>				
<b>Projects undertaken, completed:-</b>	Nil				
<b>Contribution of the department to college administration and activities.-</b>	<p><b>Mrs. Neeta Kulkarni</b></p> <p>1 . Examination committee (Chairperson 2005 to 2009)</p> <p>2. Unfair Means Committee</p> <p>3. Counseling cell (Convenor)</p> <p>4. College admission committee</p> <p><b>Dr. Neeta Mehta</b></p> <p>5. Prize Distribution Committee (chairperson)</p> <p>6. Discipline Committee</p> <p>7. Mayur Magazine (Editor)</p> <p>8. College admission committee</p> <p><b>Mrs. Reeta Kamble</b></p> <p>9. NSS (Programme Officer)</p> <p>10.Cultural committee</p> <p>11.College admission committee</p>				
Students profile					
Class: <b>TYBCom Result</b>					
YEAR	APPEARED	I CLASS	II CLASS	PASS	% PASS

				CLASS	
2005-06	230	168	43	10	96.08
2006-07	209	146	37	17	95.69
2007-08	249	139	61	40	96.38
2008-09	200	139	39	18	98
2009-10	200	151	28	16	97.5
2010-11					
Class: TYBA					
YEAR	APPEARED	I CLASS	II CLASS	PASS CLASS	% PASS
2005-06	25	19	5	-	96
2006-07	24	19	4	-	96
2007-08	25	15	10	-	100
2008-09	25	19	6	-	100
2009-10	25	16	9	-	100
2010-11	24	12	11	01	100
Class: SYBA Psychology					
YEAR	I CLASS	II CLASS	PASS CLASS	Total	Pass %
2005-06	26	34	34	106	88.68
2006-07	17	31	40	105	83.81
2007-08	17	18	37	93	77.42
2008-09	25	29	35	111	80.18
2009-10	15	27	27	81	85.89
2010-11	6	16	27	66	74.24
Class: SYBA Health Psychology					
YEAR	I CLASS	II CLASS	PASS CLASS	Total	Pass %
2005-06	07	23	21	55	92.78
2006-07	03	37	14	61	88.52
2007-08	14	20	19	57	92.98
2008-09	07	21	23	52	98.08
2009-10	07	21	31	74	79.73
2010-11	6	12	21	56	69.64
Class: FYBA					
YEAR	I CLASS	II CLASS	PASS CLASS	Total	Pass %

2005-06	18	38	34	111	81.08
2006-07	07	32	29	107	63.55
2007-08	23	29	34	105	81.91
2008-09	09	19	29	94	60.64
2009-10	10	12	23	68	66.18
2010-11	11	23	36	100	70.00

Innovations in Teaching Methods:-	<ol style="list-style-type: none"> <li>1) OHP Presentation</li> <li>2) Case study analysis</li> <li>3) Structural exercises</li> <li>4) Role plays</li> <li>5) Group discussion</li> </ol> Screening of relevant films
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Innovation in evaluation Methods:-	Nil
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Plans for coming five years :-	<ol style="list-style-type: none"> <li>1. More institutional visits for providing psychology students field experience.</li> <li>2. Conduction of seminars on key areas related to psychology</li> <li>3. Collaborating with department of HRD in various industries for providing TYBA students with mini-internship experience</li> <li>4. Collaborating with NGOs and institutes concerned with mental health issues to provide TYBA students mini-field experience through volunteering</li> <li>5. Use of alumni to motivate the present students towards career building</li> </ol>
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Annual budget for the department for library.

YEAR	Allocation (RS)	Utilization (RS)
2005-06	11700.00 + 6800.00	19335.00
2006-07	13000.00+ 6800.00	13582.00 + 7475.00
2007-08	15900+6800.00	15514.00 + 361.00
2008-09	15900.00+1000.00	7319.00
2009-10	15500.00	19302.00

Books in the Library :\_\_ 132\_\_\_\_\_ Journals: \_\_\_\_\_

Prominent Alumni

Name	Field	India/ abroad	Other details
Aditya Joshi	Industrial Psychology	Pune, India  Florida, USA	Completed Masters in Personnel Management , University of Pune Completed MS in Instructional Systems with a focus in Performance Improvement and Human Resource Development,

			Florida State University
Jenny Desai	Clinical Psychologist	Mumbai, India	Working as psychologist at Institute of Psychological Health
Nivedita Gogio	Health Psychology	England, UK	Completed M.Sc. in Health Psychology from University of Central Lancashire (UCLan), Preston, England, UK.
Shehna Rangasai	Clinical Psychology	Thane, India	Established her own clinic
Panna Rele	Clinical Psychology	Mumbai, India	Working as psychologist at Institute of Psychological Health
Aditi Korgaonkar	Counseling	Mumbai, India	Working as counselor at Acharya Marathe College
Priyaka Jagtap	Clinical Psychology	Mumbai, India	Working at Khushi – NGO as a clinical psychologist and counselor
Krishna Chande	Human Resource Development	Mumbai, India	Training for corporate and academicians
Student's Achievements			
Programmes Organized			
<ol style="list-style-type: none"> <li>1. Project of Industrial Psychology for TYBA students by Mrs. Arundhati Munje (Senior Lecturer, Pendharkar College)</li> <li>2. Counseling Skills for TYBA students by Dr. Geeta Joshi (Clinical Psychologist, Institute for Psychological Health)</li> <li>3. Emotional Intelligence for Youth for students by Dr. Sandeep Kelkar.</li> <li>4. Experiences with Schizophrenia for TYBA students by Dr. Shaswat Shere (Psychiatrist).</li> <li>5. As a part of the Silver Jubilee Year celebration of the college, the Department of Psychology carried out the following activities: <ul style="list-style-type: none"> <li><b>Workshop on “Understanding and Coping with Learning Disabilities”</b></li> <li><b>Objective</b> - The objective of the workshop was to increase the level of awareness among the primary school teachers with respect to learning disabilities and to sensitize them about various issues related to LDs.</li> <li><b>Participation</b></li> <li>Total number of participants was 89. Out of 89, 75 were primary school teachers from 48 different schools and 14 were special educators/postgraduate students/staff of the college.</li> <li><b>Components</b> of the workshop were as follows:</li> <li>Session I: What is “Learning Disabilities”? by</li> </ul> </li> </ol>			

Ms. Masarrat Khan (Chief Executive Officer- Maharashtra Dyslexia Association)

Session II: Learning Disabilities and Psychosocial Issues by Dr. Kersi Chavda (Psychiatrist, P. D. Hinduja Hospital)

Session III: Learning Disabilities: Assessment and Diagnosis by Ms. Poonam Agarwal (Co-ordinator, counseling psychologist - **Testing, Assessment and Counseling unit**, Drishti)

Session IV: Learning Disabilities: Interventions by Ms. Suzanne Rodricks (Principal, Witty Institute of Teacher Training, Malad)

#### 6. **Poster Exhibiton**

On the occasion of workshop the department has also conducted Poster exhibition on the same subject. Aptly named as “Welcome to Pappu’s World” the poster exhibition took the viewers to the world of a child with LDs and depicted very well the psychosocial issues faced by these children

#### 7. **Directory Of Special Educators For Teachers**

The Department of Psychology also took the initiative to prepare a directory of special educators working in the vicinity of the schools. The objective of this directory is to make available to the school teachers the contact details of the special educators so that they, along with the special educators, work as a team to meet with the demands of the children with special needs more effectively.

#### 8. **Field visits Conducted**

Muktangan – Drug de-addiction Centre, Pune  
Thane Mental Hospital, Thane  
Shraddha Rehabilitation Centre for mentally ill, Karjat

9. The department introduced an activity of “Understanding Abnormal Psychology and Counseling Psychology through Films” under which four films were screened: **Driving Miss Daisy, A Beautiful Mind, Ordinary People** and **Sybil**.

10. In the college annual festival Dimensions, TYBA students of the department administered simple personality tests on assertiveness, introversion and extraversion, risk-taking and emotionality to around 300 students and staff of the college.

## Department of Psychology

### Faculty

#### Staff Profile

Name	Qualifications	Experience (years)
		28
Dr. Neeta Mehta	M. A. (Clinical Psychology) SLET M. Phil. Ph. D.	19
Mrs. Reeta Kamble	M. A. (Industrial Psychology) SLET Pursuing M. Phil.	05

#### Student Profile (2009-2010)

No. of Students	ARTS			Commerce
	FYBA	SYBA	TYBA	TYBCom
	68	82	25	200

#### Technical and administrative staff

Nil

#### Physical Infrastructure

#### Other Course and Programmes

NA

Add-on course of UGC career orientated course under X Plan by the department

NA

**Revision of Syllabus by the University (Since 2005)**

**Salient features of Department**

**Total number of publications – One**

<b>Name of the staff</b>	<b>Publication</b>	<b>Nature of book/ articles</b>	<b>Year</b>
Mrs. Neeta Kulkarni	Text Book (for SYBA students)	Social Psychology	January 2007
Dr. Neeta Mehta	Magazine named Sailor Today	Column on psychosocial issues faced by seafarers and their families	Since January 2009 till date

**Total number of workshops/seminars/certificate courses attended – (3 + 5+5=13)**

<b>Name</b>	<b>Attended workshops /seminars /course</b>
Mrs. Neeta Kulkarni	Workshop on T.Y.B.A Psychology Revised Syllabus at Ruparel College, Mumbai  Workshop on Group therapy by Dr. Catherina Dering  Refresher course on women's Rights S.N.D.T. Women's Research Study Center, Juhu
Dr. Neeta Mehta	Workshop on T.Y.B.A Psychology Revised Syllabus at Ruparel College, Mumbai  Workshop on Statistical Methods at Department of Applied Psychology, University of Mumbai.  Certificate course on Quality of life in Chronic Illness at Department of Applied Psychology, University of Mumbai.  National level seminar on Counseling and Psychotherapy at Aakar

	<p>Foundation, Sangli</p> <p>Psychology-Oncology Counselor Training Programme Cancer Patients Aid Association, Mumbai</p>
Mrs. Reeta Kamble	<p>Workshop on T.Y.B.A Psychology Revised Syllabus at Ruparel College, Mumbai</p> <p>State level seminar on Empathy, the Bond in Counseling Skills' at Somaiya College.</p> <p>National seminar on Academics Industry the Mutual Growth at V. G. Vaze College</p> <p>State level workshop on 'Research Methodology' at D.T.T. College.</p> <p>National level seminar on Counseling and Psychotherapy at Aakar Foundation, Sangali</p>

**Total number of workshops/seminars where invited as resource person -2**

<b>Name</b>	<b>Conducted a session/ resourced</b>
Mrs. Neeta Kulkarni	Three sessions for Police Training, Vikroli, February 2008.
Dr. Neeta Mehta	<p>Session on "Human Response to Disaster: A Psychological Perspective" at 3 day workshop on Disaster Management for NSS Volunteers conducted by C.K.T College Panvel and NSS cell of University of Mumbai</p> <p>M.Phil. Lectures on counseling psychology for YCMOU</p>

**Total number of workshops/seminars wherein papers were presented – (2+3+2=7)**

<b>Name</b>	<b>Title of the paper and Seminar details</b>
Mrs. Neeta Kulkarni	Role of psychometry in sport' at State level workshop organized by S.P College, Pune.

	Application of psychology to sport at International conference organized by Indian Academy of Applied Psychology, Aurangabad.
Dr. Neeta Mehta	<p>Coronary Heart Disease: A Case of Changing Perspective on Health/Disease and the Need of Multi-Pronged Approach to Prevention and Intervention at International conference “Health for All: Opportunities and Challenges” at Jaipur, September, 2009.</p> <p>Creating Awareness and Activating Change about Learning Disabilities: The Power of the Popular Movie “Taare Zameen Par” at International Conference on “Transparency, Control and Power: Issues in Legal Semiotics” at City University of Hong Kong, December 2009.</p> <p>Mind-Body Dualism: A Critique from a Health Perspective at International conference on “Mind, Brain and Consciousness” organized by VPM’s Joshi-Bedekar College, Thane, January 2010.</p>
Mrs. Reeta Kamble	<p>Women employment: A shift from formal to informal sector at State level conference organized Kirti College, Dadar, February, 2010.</p> <p>White collar criminals: Psychological Perspective in the High-tech World” in the national level conference Organized by M.D.College, Parel, March 2010.</p>

**No. of participation at international conferences – (1+3=4)**

**No of research projects completed and in progress- NA**

**No of consultancy projects- NA**

**No of UG students (2009-10) - (FYBA-68) (SYBA-82) (TYBA-25)(TYBcom-200)**

**No of PG students- NA**

**No of PhD students- NA**

**No of PhD degrees awarded-NA**

**Other programmes - NA**

**Projects undertaken and completed- NA**

**Lectures/Seminars conducted by the department- 5**

<b>Title the Seminar</b>	<b>Target Audience</b>	<b>Experts invited</b>
Project of Industrial Psychology	TYBA students	Mrs. Arundhati Munje (Senior Lecturer, Pendharkar College)
Counseling Skills	TYBA students	Dr. Geeta Joshi (Clinical Psychologist, Institute for Psychological Health)
Emotional Intelligence for Youth	All students	Dr. Sandeep Kelkar.
Experiences with Schizophrenia	TYBA students	Dr. Shaswat Shere (Psychiatrist).

As a part of the Silver Jubilee Year celebration of the college, the Department of Psychology carried out the following activities:

**Workshop on “Understanding and Coping with Learning Disabilities”**

**OBJECTIVE** - The objective of the workshop was to increase the level of awareness among the primary school teachers with respect to learning disabilities and to sensitize them about various issues related to LDs.

**PARTICIPATION**

Total number of participants was 89. Out of 89, 75 were primary school teachers from 48 different schools and

14 were special educators/postgraduate students/staff of the college.

**COMPONENTS** of the workshop were as follows:

Session I: What is “Learning Disabilities”?

Ms. Masarrat Khan (Chief Executive Officer- Maharashtra Dyslexia Association)

Session II: Learning Disabilities and Psychosocial Issues

Dr. Kersi Chavda (Psychiatrist, P. D. Hinduja Hospital)

Session III: Learning Disabilities: Assessment and Diagnosis

Ms. Poonam Agarwal (Co-ordinator, counseling psychologist - **Testing, Assessment and Counseling unit, Drishti**)

Session IV: Learning Disabilities: Interventions

Ms. Suzanne Rodricks (Principal, Witty Institute of Teacher Training, Malad)

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## **POSTER EXHIBITON**

On the occasion of workshop the department has also conducted Poster exhibition on the same subject. Aptly named as “Welcome to Pappu’s World” the poster exhibition took the viewers to the world of a child with LDs and depicted very well the psychosocial issues faced by these children

## **DIRECTORY OF SPECIAL EDUCATORS FOR TEACHERS**

The Department of Psychology also took the initiative to prepare a directory of special educators working in the vicinity of the schools. The objective of this directory is to make available to the school teachers the contact details of the special educators so that they, along with the special educators, work as a team to meet with the demands of the children with special needs more effectively.

Usually school teachers are the first ones to identify learning disabilities among the children and thereafter they become the most important contributor towards the child's journey towards success. Through this directory attempt was made to empower the teachers to cope with their responsibility towards the children with special needs.

### **No. of field visits conducted**

Field visits Conducted	
1	Muktangan – Drug de-addiction Centre, Pune
2	Thane Mental Hospital, Thane
3	Shraddha Rehabilitation Centre for mentally ill, Karjat

### **Consultancy projects- NA**

### **Contribution of the department to college administration and activities**

### **Student Profile**

	<b>Appeared</b>	<b>First class</b>	<b>Second class</b>	<b>Pass</b>	<b>Fail</b>	<b>% of result</b>
2005-2006					9	
2006-2007					9	
2007-2008					9	

2008-2009					4	
2009-2010					5	

<b>TYBA Result</b>						
	<b>Appeared</b>	<b>First class</b>	<b>Second class</b>	<b>Pass</b>	<b>Fail</b>	<b>% of result</b>
2005-2006						
2006-2007						
2007-2008						
2008-2009						
2009-2010						

<b>SYBA Result</b>						
	<b>Appeared</b>	<b>First class</b>	<b>Second class</b>	<b>Pass</b>	<b>Fail</b>	<b>% of result</b>
2005-2006						
2006-2007						
2007-2008						
2008-2009						
2009-2010						

<b>FYBA Result</b>						
	<b>Appeared</b>	<b>First class</b>	<b>Second class</b>	<b>Pass</b>	<b>Fail</b>	<b>% of result</b>
2005-2006						
2006-2007						
2007-2008						
2008-						

2009						
2009-2010						

**Innovations in Teaching Methods**

**Innovations in Evaluation Methods - NA**

**Plans for coming five years**

**Annual budget of the department for library - Rs. 7500/**

**Books in the library - 1910**

**Journals -**

**Prominent Alumni**

**Other Highlights**

**Information of E format**

Name of the Department	Psychology
Year of Establishment	1984, Introduction of 6 papers in 1990
No. of Teachers (2009-2010)	3
No. of Administrative Staff (2009-2010)	NA
No. of ongoing Projects (2009-2010)	NA
Ratio of student to teachers (for TYBA)	1:8
No. of books in the Departmental Library, if any (2009-2010)	NA
No. of Journals/Periodicals (2009-2010)	NA
No. of Computers (2009-2010)	NA
Research projects completed during last year and its outlay	NA
Success rate of students (last years)	100%
Annual budget (library)	Rs. 7500/-
Faculty who have attended national/international seminars (last 5 years)	(Mrs. Neeta Kulkarni one international Conference)  (Dr. Neeta Mehta) 3 international conference, 1 national seminar)

	(Mrs. Reeta Kamble, 2 national seminars)
Awards and recognition received by faculty (last 5 years)	NA
Publication by faculty	one
No. of students passed in NET/SLET (last 5 years)	-